

FMT Urban Farm 481 East Johnstown Road Gahanna, Ohio 43230 E: feedmetomatoes@gmail.com

C: 614.648.7773

Section 1. Introducing The FMT Urban Farm CSA

A. Becoming a Part of Our Farm Community Supported Agriculture (CSA) is a relationship between our farm and you. Rather than simply purchasing food, our customers become "members" of FTM Urban Farm who receive a portion of the farm's harvest.

Our CSA runs for 20 weeks from June 2 to October 12. Members are responsible for ensuring your share of freshly harvested produce has an optimal place to be dropped off if you are not at home. This can include a cooler in a predetermined shady spot. You will generally receive one week's worth of seasonal vegetables equivalent to at least one grocery bag of produce, with two bags being the norm during peak season. Detailed information regarding drop-off is discussed below in Section 3. Variety and quantity may vary as described below in Section 2.

For the 2023 Season our delivery services extend to Gahanna (43230) and lower New Albany (at or below Dublin Granville Road). If you are outside that zipcode, we will arrange a pick up time and day for you at the farm.

B. Our Growing Practices

The farm is not currently certified, but we are in the process of becoming USDA Certified Organic or Certified Naturally Grown. We use all organic practices and regenerative, no-till farming. We use no harmful pesticides or herbicides and source organic seed as available. To manage pests, we use row covers and insect netting during high insect pressure times. Plant health is optimized by crop rotation and soil health. We are happy to schedule a visit to the farm and discuss our farming practices with you.

C. The Products We Expect for 2023

The chart below outlines some of the vegetables we hope to deliver and when you may see them in your share. This chart is based on our best estimate, but of course weather, pests, and other events will affect actual production.

Early June	Arugula, Beets, Lettuce, Kale, Bok Choi, Sugar Snap Peas, Spinach, Radishes, Broccoli, Chives, (Asparagus will be ready in 2024)
Late June	Arugula, Beets, Lettuce, Kale, Bok Choi, Sugar Snap Peas, Spinach, Radishes, Broccoli, Cabbage, Cherry Tomatoes, Carrots, (Cucumbers and Squash if we are lucky)

July	Arugula, Beets, Lettuce, Kale, Bok Choi Spinach, Radishes, Cabbage, Cherry Tomatoes, Carrots, Tomatoes, Tomatillos, Peppers, Eggplant, Cucumbers, Summer Squash, Zucchini, Green Beans
September	Arugula, Beets, Lettuce, Kale, Bok Choi, Spinach, Radishes, Cabbage, Cherry Tomatoes, Carrots, Tomatoes, Tomatillos, Peppers, Eggplant, Cucumbers, Summer Squash, Zucchini, Green Beans, Onion, Garlic, Leeks

October	Arugula, Beets, Lettuce, Kale, Bok Choi, Spinach, Radishes, Cabbage, Cherry Tomatoes, Carrots, Tomatoes, Tomatillos, Peppers,
	Eggplant,Cucumbers, Summer Squash, Zucchini, Green Beans, Pumpkins, Winter, Squash, Onion, Garlic, Leeks

Section 2. Our Shared Commitments

A. Sharing in the Risk of Crop Failure

We promise to do our best to provide you with a bountiful share each week. The quantity of produce however, may vary from week to week due to extreme weather, insects, or other production factors despite our best efforts.

By joining our CSA, you are agreeing to share the risk of crop failure with us and other members. In the unlikely event of a crop failure, our procedure is as follows:

If only a small portion of crops fail, we compensate for the failed crops by filling your share with other crops grown on the farm that are ready for harvest at that time. If a large portion of crops fail, we may not be able to deliver any product in some weeks.

We do everything organically possible to prevent crop failure such as a well-based irrigation system, use of netting and row covers to reduce insect pressure.

B. Sharing in the Reward of Crop Surplus

In addition to our CSA, our farm sells to farmers markets. Although production is not segregated, our CSA receives priority. After filling our CSA share with the week's harvest first, the remainder is sold to our other markets.

We also offer a donation CSA that supports Motherful, a grass-roots collective of single-mothers who hosts a food pantry for its members. If you do not want your CSA that week due to vacation or other reasons, it will be donated to Motherful.

Section 3. Share Delivery

For the 2023 Season our delivery services extend to Gahanna (43230) and lower New Albany (at or below Dubin Granville Road). If you are outside that area we are happy to set up a pick time and day for you at the farm.

Shares will be delivered every Thursday or Friday of the week. If you are not home, it will be left in a predetermined, protected and shaded area, and we will text you to let you know they have been dropped off. Please provide a cooler, and an ice pack if you plan on being gone for any extended period of time.

We take the safety of your food seriously. **If you are not going to be home for an extended period of time, please communicate with us.** For your added protection, wash all produce before eating and put products in the refrigerator as soon as possible.

Section 4. Member Options and Fees

By selling membership in advance of the growing season, CSA reduces the burden of up-front costs for the farmer. Your membership fees provide us with money to purchase seed and equipment before the season starts, and we appreciate your commitment.

Check your selection on the digital form.

Membership options include:

- Medium Share for \$25 a week feeding a family of two or one person who is very excited about produce
- Large Share for \$40 a week feeding a family of 3-4

You can choose to have **automatic monthly payments** or **pay for the season in full**. Those who pay in full will receive free perks that includes small fresh bouquets, some of our raspberries, blackberries and blueberries as available)

By submitting a digital agreement form you are agreeing to pay the membership fee for the share you indicated on the form. All monthly payments are non-refundable. All full season payments are non-refundable beyond July 6th. This is because in many cases, we have already purchased the materials and began the transplants for your fall harvest. If you want to donate your CSA to Motherful, please let us know.

Section 5. Communicating with Us

The best way to communicate with us is via phone. Our phone number is 614-648-7773 and the best times to reach us are between 9am and 6pm. We prefer texts over phone calls because it gives us documentation of the conversation. We don't always have a pen and paper in the field. We will do our best to respond as soon as possible, but please understand that we spend most of our time in the field growing your food and not at our desk.

We welcome conversations about our farming practices and your experiences in the CSA. **We truly want this to be your CSA and appreciate any and all feedback**. We ask that you please contact us with any news of the following: changes to your postal or email address or dissatisfaction with your share.

We will communicate with all of our CSA members by email each week in addition to regular posts on our facebook page and website. When you sign up, you will be added to our email distribution list. Please read your email from us. We depend on being able to communicate important information such as necessary changes to your distribution schedule or farm events. Our email will give you information about the crops available that week, recipe ideas, or other farm related news.